

PRISTINE AWARENESS

FOUNDATION FOR BUDDHIST PRACTICE

2026 Schedule of Events

ACTIVITY	TOPIC	DAY/DATE	TIME*	WHERE	DETAILS
Teaching and Transmisison by Lama Pema Düddul	<i>The Heart's Quintessence: Definitive Instruction on Dzogchen Semde Meditation</i>	Sunday, JAN 4 th	5:00pm – 7:00pm	Live Online	Donations appreciated
Teaching and Transmisison by Lama Pema Düddul	<i>Prahevajra's Six Vajra Verses</i>	Sunday, MAR 1 st	10:00am – 12:00pm	Live Online	Donations appreciated
Teaching and Transmisison by Lama Pema Düddul	<i>The Four Seals of Dzogchen Semde</i>	Sunday, MAY 3 rd	5:00pm – 7:00pm	Live Online	Donations appreciated
Annual Retreat with Lama Pema Düddul	<i>Dudjom Rinpoche's 'Heart Jewel for the Fortunate'</i>	Friday, JUL 3 rd to Sunday, JUL 5 th	Sessions each day	Live Online	Donations appreciated
Teaching and Transmisison by Lama Pema Düddul	<i>Sky-Gazing Teachings of the Mahasiddhas</i>	Sunday, SEP 6 th	10:00am – 12:00pm	Live Online	Donations appreciated
Teaching and Transmisison by Lama Pema Düddul	<i>Dzogchen Practice Question and Answer Session</i>	Sunday, NOV 1 st	5:00pm – 7:00pm	Live Online	Donations appreciated

*All times are Australian Eastern Standard (Brisbane time zone). Use this time zone converter to work out the time in your location: <https://www.timeanddate.com/worldclock/converter.html>

For more information visit our website: www.pristine-awareness.org



Updated 06/11/2025