## PRISTINE AWARENESS FOUNDATION FOR BUDDHIST PRACTICE

## 2026 Schedule of Events

ACTIVITY	TOPIC	DAY/DATE	TIME*	WHERE	DETAILS
Teaching and	The Heart's	Sunday,	5:00pm	Live	Donations
Transmisison	Quintessence:	JAN 4 <sup>th</sup>	_	Online	appreciated
by Lama	Definitive		7:00pm		
Pema Düddul	Instruction on				
	Dzogchen				
	Semde				
	Meditation				
Teaching and	Prahevajra's	Sunday,	10:00am	Live	Donations
Transmisison	Six Vajra	MAR 1st	_	Online	appreciated
by Lama	Verses		12:00pm		
Pema Düddul		~ 1			
Teaching and	The Four	Sunday,	5:00pm	Live	Donations
Transmisison	Seals of	MAY 3 <sup>rd</sup>	_	Online	appreciated
by Lama	Dzogchen		7:00pm		
Pema Düddul	Semde	T 1	· ·	<del>.</del> .	ъ
Annual	Dudjom	Friday,	Sessions	Live	Donations
Retreat with	Rinpoche's	JUL 3 <sup>rd</sup> to	each day	Online	appreciated
Lama Pema Düddul	Heart Jewel	Sunday,			
Duddul	for the Fortunate'	JUL 5 <sup>th</sup>			
Teaching and	Sky-Gazing	Sunday,	10:00am	Live	Donations
Transmisison	Teachings	SEP 6 <sup>th</sup>	10.00alli	Online	appreciated
by Lama	of the	SEI O	12:00pm	Omme	appreciated
Pema Düddul	Mahasiddhas		12.00pm		
Teaching and	Dzogchen Dzogchen	Sunday,	5:00pm	Live	Donations
Transmisison	Practice	NOV 1st	J.00piii –	Online	appreciated
by Lama	Question and	110 1	7:00pm	Ommo	approciated
Pema Düddul	Answer		, <b>100pm</b>		
	Session				
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<sup>\*</sup>All times are Australian Eastern Standard (Brisbane time zone). Use this time zone converter to work out the time in your location: <a href="https://www.timeanddate.com/worldclock/converter.html">https://www.timeanddate.com/worldclock/converter.html</a>

For more information visit our website: www.pristine-awareness.org

