

PRISTINE AWARENESS

FOUNDATION FOR BUDDHIST PRACTICE

2024 Schedule of Events

ACTIVITY	TOPIC	DAY/DATE	TIME*	WHERE	DETAIL
Weekly Meditation	<i>Silent Sitting Meditation</i>	Every Sunday Jan to Oct.	9am – 9:40am	Live Online	Donations appreciated
Path of Joy and Ease Practice Program (5YP)	<i>View, Meditation, Conduct</i>	First Sunday of Jan, Mar, May, Jul & Sept.	6:00pm – 8:00pm	Live Online (recorded)	\$15 AUD per month (\$10 for members)
Guest teacher: Namgay Dawa Rinpoche	<i>Speaking from the Heart</i>	Sunday Jan 21 st	10am – 11:30am	Live Online (recorded)	Donations appreciated
Path of Joy and Ease Practice Introduction – Level One	<i>Level One Practices</i>	Sunday Feb 4 th	8am to 9:30am	Live Online (recorded)	Donations appreciated
Path of Joy and Ease Practice Introduction – Level Two	<i>Level Two Practices</i>	Sunday Feb 18 th	8am to 9:30am	Live Online (recorded)	Donations appreciated
Dharma Talk by Pema Düddul	<i>Boundless Love</i>	Wednesday Feb 28 th	7:00pm – 8:30pm	<i>Metta Centre</i> Live Online (recorded)	Donations appreciated
Dharma Talk by Pema Düddul	<i>Dudjom Rinpoche's 'Play of Thought' Part One</i>	Wednesday Apr 24 th	7:00pm – 8:30pm	Live Online (recorded)	Donations appreciated
Annual Retreat	<i>Awakening Joy and Ease</i>	Saturday Jun 8 th to Sunday Jun 9 th	Sessions throughout each day	In-person and Livestreamed	\$100 (non-members), \$60 (members)
Dharma Talk by Pema Düddul	<i>Dudjom Rinpoche's 'Play of Thought' Part Two</i>	Sunday Aug 25 th	7:00pm – 8:30pm	Live Online (recorded)	Donations appreciated
Dharma Talk by Pema Düddul	<i>Ordinary Mind and Buddha Mind in Chan and Dzogchen</i>	Sunday Oct 27 th	7:00pm – 8:30pm	Live Online (recorded)	Donations appreciated
Annual Dharma Intensive	<i>The Four Yogas of Dzogchen Semde</i>	Sunday November 3 rd , 10 th and 17 th	8:00am – 9:30am	Live Online	\$50 (non-members), \$30 (members)

*All times are Australian Eastern Standard (Brisbane time zone). Use this time zone converter to work out the time in your location: <https://www.timeanddate.com/worldclock/converter.html>

For more information visit our website: www.pristine-awareness.org or email: pristine.awareness.foundation@outlook.com

Emails and texts will be answered Sundays and Mondays each week. Please note that we are closed for the whole of December each year.



Updated 01/05/2024